



SOUTHERN REGIONAL HEALTH AUTHORITY

3 BRUMALIA ROAD, MANDEVILLE, MANCHESTER, JAMAICA WI

TEL.: (876) 625-0612-3, 962-9491 or 962-8232 | FAX: (876) 962-8233 | WWW.SRHA.GOV.JM



Mandeville Regional Hospital
32 Hargreaves Avenue
Mandeville
Ph: 962-2067/2744/1094
Fax: 625-8493

May Pen Hospital
1 Muirhead Avenue
May Pen
Ph: 986-2528/7708/6938
Fax: 986-2650

Black River Hospital
45 High Street
Black River
Ph: 965-2224/2212
634-3700
Fax: 965-9294

Percy Junor Hospital
Spalding P.O.
Clarendon
Ph: 964-1181/2222/2322
Fax: 964-1548

Lionel Town Hospital
Bustamante Drive
Vere, Clarendon
Ph: 986-3226
Fax: 986-3373

Chapelton Hospital
Chapelton P.O.
Clarendon
Ph: 987-2215

Manchester Health Dept.
Race Course Rd.
Mandeville
Ph: 962-2288/7033
625-3433
Fax: 962-2171

Clarendon Health Dept.
1 Muirhead Avenue
May Pen
Ph: 986-4548/7869
Fax: 986-9713

St. Elizabeth Health Dept
High Street
Black River
Ph: 965-9174-5
Fax: 965-2701

PRESS RELEASE

November 29, 2016

FOR IMMEDIATE RELEASE:

Issues in Home Must be Addressed for Fundamental Shift in Population Health

Regional Technical Director of the Southern Regional Health Authority (SRHA), Dr. Michael Coombs says if there is to be a turnaround in the health of the population and economic development of the country, the issues affecting our homes must be addressed.

“From the chronic diseases to the mental health problems, substance abuse, murders, performance in schools...you name it, if we are going to have a sustained impact on these issues then we have to address the issues that are affecting our homes,” Dr. Coombs pointed out while addressing over 100 men at a Man-Up Exposé on Tuesday, November 22 in Mandeville.

The Man-Up Exposé targeted men from the facilities of the SRHA and focused on self development, mental health, sexuality and responsible fatherhood and manhood. The initiative is part of the interventions, “Good Health Begins at Home” and “Man-Up- A Call to Healthy, Responsible Manhood” which have been targeting and empowering parents and men to foster healthy and happy homes in an effort to impact the society positively. Both initiatives were launched earlier in 2016 through a partnership between the SRHA and the National Association of the Family (NAF).

The Technical Director who is also the founder and chair of the NAF and the pioneer of the interventions said “the foundation for health and wellness is established in the homes and therefore men need to set the right examples. Fathering and male development is a key component of the “Man-Up” initiative because it is my belief that the way to break the cycle of fatherlessness and violence is targeting the young men before they become fathers.”

“Research has shown that the most important factors driving the breakdown of homes and marriages are male related, in particular our approach to our sexuality and family life. If there is to be sustained

(more)

Chairman: Wayne Chen; Vice Chairman: Michael Stern **Board Members:** Marcus Greenwood, Krishan James, Stafford Houghton, Lorraine Green Mason, Lennox Powell, Dr Lloyd Reynolds, Winston Maragh, Dr St Aubyn Bartlett, Dr Lundie Richards, **Directors: Regional Director and Secretary:** Michael Bent; **Regional Technical Director:** Dr Michael Coombs; **CEO Mandeville Regional Hospital:** Alwyn Miller; **SMO, Mandeville Regional Hospital:** Dr Everton McIntosh



SOUTHERN REGIONAL HEALTH AUTHORITY

3 BRUMALIA ROAD, MANDEVILLE, MANCHESTER, JAMAICA WI

TEL.: (876) 625-0612-3, 962-9491 or 962-8232 | FAX: (876) 962-8233 | WWW.SRHA.GOV.JM



Mandeville Regional Hospital
32 Hargreaves Avenue
Mandeville
Ph: 962-2067/2744/1094
Fax: 625-8493

May Pen Hospital
1 Muirhead Avenue
May Pen
Ph: 986-2528/7708/6938
Fax: 986-2650

Black River Hospital
45 High Street
Black River
Ph: 965-2224/2212
634-3700
Fax: 965-9294

Percy Junor Hospital
Spalding P.O.
Clarendon
Ph: 964-1181/2222/2322
Fax: 964-1548

Lionel Town Hospital
Bustamante Drive
Vere, Clarendon
Ph: 986-3226
Fax: 986-3373

Chapelton Hospital
Chapelton P.O.
Clarendon
Ph: 987-2215

Manchester Health Dept.
Race Course Rd.
Mandeville
Ph: 962-2288/7033
625-3433
Fax: 962-2171

Clarendon Health Dept.
1 Muirhead Avenue
May Pen
Ph: 986-4548/7869
Fax: 986-9713

St. Elizabeth Health Dept
High Street
Black River
Ph: 965-9174-5
Fax: 965-2701

change then we need interventions such as “Man-Up Jamaica”, because women cannot do it alone. We have to educate men about the importance of fatherhood and the importance of commitment to family,” he added.

Dr. Coombs explained that among the core values of the “Man-Up” initiative are: commitment to family as a priority; responsibility and purity in sexual conduct; servant leadership in the home, community and country; marriage as the union of one man and one woman; fathering in the context of marriage - to provide for, protect, nurture and mentor; respect and loving regard for all women; being an example and positive influence for other men.

For Chief Public Health Inspector in St. Elizabeth, Mr. Everod Lewis who was a participant in the Exposé, the initiative is a boost for the family because “Man-Up Jamaica indicates that as men we need to be a little more responsible because it will chart the way for family and if the family is healthy then it is good for society. We as men need to provide the direction in which our families should go and based on that we will be the beacon so to speak where our generations and our sons and daughters will be able to look at what we are doing as men and to be able to follow it.”

(more)

Chairman: Wayne Chen; Vice Chairman: Michael Stern **Board Members:** Marcus Greenwood, Krishan James, Stafford Haughton, Lorraine Green Mason, Lennox Powell, Dr Lloyd Reynolds, Winston Maragh, Dr St Aubyn Bartlett, Dr Lundie Richards, **Directors: Regional Director and Secretary:** Michael Bent; **Regional Technical Director:** Dr Michael Coombs; **CEO Mandeville Regional Hospital:** Alwyn Miller; **SMO, Mandeville Regional Hospital:** Dr Everton McIntosh



SOUTHERN REGIONAL HEALTH AUTHORITY

3 BRUMALIA ROAD, MANDEVILLE, MANCHESTER, JAMAICA WI

TEL.: (876) 625-0612-3, 962-9491 or 962-8232 | FAX: (876) 962-8233 | WWW.SRHA.GOV.JM



Mandeville Regional Hospital
32 Hargreaves Avenue
Mandeville
Ph: 962-2067/2744/1094
Fax: 625-8493

May Pen Hospital
1 Muirhead Avenue
May Pen
Ph: 986-2528/7708/6938
Fax: 986-2650

Black River Hospital
45 High Street
Black River
Ph: 965-2224/2212
634-3700
Fax: 965-9294

Percy Junor Hospital
Spalding P.O.
Clarendon
Ph: 964-1181/2222/2322
Fax: 964-1548

Lionel Town Hospital
Bustamante Drive
Vere, Clarendon
Ph: 986-3226
Fax: 986-3373

Chapelton Hospital
Chapelton P.O.
Clarendon
Ph: 987-2215

Manchester Health Dept.
Race Course Rd.
Mandeville
Ph: 962-2288/7033
625-3433
Fax: 962-2171

Clarendon Health Dept.
1 Muirhead Avenue
May Pen
Ph: 986-4548/7869
Fax: 986-9713

St. Elizabeth Health Dept
High Street
Black River
Ph: 965-9174-5
Fax: 965-2701



Some of the men from the Man-Up Exposé engage in a physical activity session.

(more)

Chairman: Wayne Chen; Vice Chairman: Michael Stern **Board Members:** Marcus Greenwood, Krishan James, Stafford Haughton, Lorraine Green Mason, Lennox Powell, Dr Lloyd Reynolds, Winston Maragh, Dr St Aubyn Bartlett, Dr Lundie Richards, **Directors: Regional Director and Secretary:** Michael Bent; **Regional Technical Director:** Dr Michael Coombs; **CEO Mandeville Regional Hospital:** Alwyn Miller; **SMO, Mandeville Regional Hospital:** Dr Everton McIntosh



SOUTHERN REGIONAL HEALTH AUTHORITY

3 BRUMALIA ROAD, MANDEVILLE, MANCHESTER, JAMAICA WI

TEL.: (876) 625-0612-3, 962-9491 or 962-8232 | FAX: (876) 962-8233 | WWW.SRHA.GOV.JM



Mandeville Regional Hospital
32 Hargreaves Avenue
Mandeville
Ph: 962-2067/2744/1094
Fax: 625-8493

May Pen Hospital
1 Muirhead Avenue
May Pen
Ph: 986-2528/7708/6938
Fax: 986-2650

Black River Hospital
45 High Street
Black River
Ph: 965-2224/2212
634-3700
Fax: 965-9294

Percy Junor Hospital
Spalding P.O.
Clarendon
Ph: 964-1181/2222/2322
Fax: 964-1548

Lionel Town Hospital
Bustamante Drive
Vere, Clarendon
Ph: 986-3226
Fax: 986-3373

Chapelton Hospital
Chapelton P.O.
Clarendon
Ph: 987-2215

Manchester Health Dept.
Race Course Rd.
Mandeville
Ph: 962-2288/7033
625-3433
Fax: 962-2171

Clarendon Health Dept.
1 Muirhead Avenue
May Pen
Ph: 986-4548/7869
Fax: 986-9713

St. Elizabeth Health Dept
High Street
Black River
Ph: 965-9174-5
Fax: 965-2701



A section of the audience of men pay keen attention to stirring presentations.

-30-

For more information contact:
Latoya Laylor Brown
Public Relations & Advocacy Officer
Southern Regional Health Authority
Tel: 962-8232/779-2663
Email: latoya.laylor@srha.gov.jm

Chairman: Wayne Chen; Vice Chairman: Michael Stern **Board Members:** Marcus Greenwood, Krishan James, Stafford Haughton, Lorraine Green Mason, Lennox Powell, Dr Lloyd Reynolds, Winston Maragh, Dr St Aubyn Bartlett, Dr Lundie Richards, **Directors: Regional Director and Secretary:** Michael Bent; **Regional Technical Director:** Dr Michael Coombs; **CEO Mandeville Regional Hospital:** Alwyn Miller; **SMO, Mandeville Regional Hospital:** Dr Everton McIntosh